

From Restoring Wholeness Ministries



LIFE Matters: Freedom from Sexual Addiction - 12 Week Support Group

"UNDERSTANDING AND MINISTERING TO THE RELATIONALLY AND SEXUALLY BROKEN PERSON WITHIN THE CHURCH"

Cost: \$50.00 per person – includes comprehensive manual.

Please call or e-mail RESTORING WHOLENESS MINISTRIES Office for details/questions and about how your church can host one of these courses.

520 887 0115 – USA@RestoringWholeness.org

Course Purpose:

"**LIFE Matters: Freedom from Sexual Addiction**" is designed to help individuals within the Church. This course focuses on understanding sexual addiction and dealing with the root causes that initiates addiction. It deals with the brokenness, fears, confusion, and shame based character. Freedom and liberty are available through Biblical based ministry and confidential small groups. "Know the Truth and the Truth will set you free."

| Teaching | Small Group* | Content | Week |
|----------|--------------|--------------------------------------------------------------|------|
| 1 hrs. | 1 hrs. | Definition and Introduction - Blessing – 'The Parent's Role' | 1 |
| 1 hrs. | 1 hrs. | Systems – 'The Families Role' & Generational Iniquity | 2 |
| 1 hrs. | 1 hrs. | Shame Based Family Rules | 3 |
| 1 hrs. | 1 hrs. | Resolving Shame | 4 |
| 1 hrs. | 1 hrs. | Roots of Addictions | 5 |
| 1 hrs. | 1 hrs. | Wounding and Brokenness | 6 |
| 1 hrs. | 1 hrs. | Abuse of Identity | 7 |
| 1 hrs. | 1 hrs. | Fear of intimacy | 8 |
| 1 hrs. | 1 hrs. | Cycle of Addiction | 9 |
| 1 hrs. | 1 hrs. | Breaking the Cycle | 10 |
| 1 hrs. | 1 hrs. | Healing the Addict – part 1 | 11 |
| 1 hrs. | 1 hrs. | Healing the Addict – part 2 | 12 |

***Small Group:** Small groups are an integral part of the healing process. They provide a time of focus where we invite the Lord to come and do His work. They include personal time and healing prayer with established leaders.