

From Restoring Wholeness Ministries



LIFE Matters: Freedom from Co-dependency - 10 Week Support Group

"UNDERSTANDING AND MINISTERING TO THE RELATIONALLY AND SEXUALLY BROKEN PERSON WITHIN THE CHURCH"

Cost: \$50.00 per person – includes comprehensive manual.

Please call or e-mail RESTORING WHOLENESS MINISTRIES Office for details/questions and about how your church can host one of these courses.

520 887 0115 – USA@RestoringWholeness.org

Course Purpose:

"**LIFE Matters: Freedom from Co-dependency**" is designed to help individuals within the Church. This course focuses on understanding co-dependency and dealing with the root causes that dependency initiates. It deals with the brokenness, fears, addictions, and shame based character. Freedom and liberty are available through Biblical based ministry and confidential small groups. "Know the Truth and the Truth will set you free."

Teaching	Small Group*	Content	Week
1 hrs.	1 hrs.	Definition and Introduction	1
1 hrs.	1 hrs.	Blessing – 'The Parent's Role' Imitators – 'The Child's Role'	2
1 hrs.	1 hrs.	Systems – 'The Families Role'	3
1 hrs.	1 hrs.	Generational Iniquity	4
1 hrs.	1 hrs.	Shame Based Family Rules	5
1 hrs.	1 hrs.	Resolving Shame	6
1 hrs.	1 hrs.	Relational Idolatry	7
1 hrs.	1 hrs.	Co-Dependent / Emotional Dependent Relationships	8
1 hrs.	1 hrs.	The Path Away from Dependency	9
1 hrs.	1 hrs.	Is There Life After Dependency	10

***Small Group:** Small groups are an integral part of the healing process. They provide a time of focus where we invite the Lord to come and do His work. They include personal time and healing prayer with established leaders.